

# PARTICIPANT'S HANDBOOK



**2008 NEWFOUNDLAND & LABRADOR SUMMER GAMES**  
**CORNER BROOK**  
**August 9<sup>th</sup> - 16<sup>th</sup>, 2008**



**GOVERNMENT OF NEWFOUNDLAND AND LABRADOR**  
Department of Tourism, Culture and Recreation  
Recreation and Sport Division  
**Honourable Clyde Jackman - Minister**

**Message from the Minister Department of Tourism, Culture and Recreation**

As the Minister responsible for sport in this province, it is my pleasure to welcome you to this 2008 Newfoundland and Labrador Summer Games website.



The summer games have been happening in this province since 1976. During those 32 years elite provincial athletes have been given the opportunity to develop their skills and perform in a fun, yet competitive atmosphere.

With eight regions involved and the participation of approximately 1,600 athletes. The 2008 Corner Brook Summer Games are bound to be a success. Good luck to all the athletes.

Sincerely,

A handwritten signature in black ink that reads "Clyde Jackman". The signature is written in a cursive, flowing style.

Clyde Jackman  
Minister of Tourism, Culture and Recreation

***Welcome from the Host Committee Chairperson, Brian Bonnell***

On behalf of the 2008 Newfoundland and Labrador Summer Games Host Committee, I extend a warm welcome to all participants and their families visiting us for 2008 Newfoundland and Labrador Summer Games.



The Games volunteers and staff have been eagerly looking forward to your arrival and have been preparing for this exciting event for over one year. We have a great week planned and only need your enthusiasm and sportsmanship to assist us in making these Games an overwhelming success.

I also take this opportunity to extend a special bouquet to all of the Sponsors who are instrumental in the success of your week. Without them, the Games would not be a reality. Please take the time to read the list of sponsors located on our web site and at the back of this booklet.

The Host Committee and its volunteers hope your Games will be memorable. Whatever else you do, take the time to see as much as you can and participate in all of the special events that we have planned for your visit. Best wishes!

**Brian Bonnell**  
2008 NL Games Chairperson

***How to Reach Us!***

***Summer Games Office*** ..... 639-2008

PO Box 821

Corner Brook, NL

A2H 6H6

Fax: (709) 639-5852

Email: [info@nlgames.ca](mailto:info@nlgames.ca)

**Official Summer Games Website: [www.nlgames.ca](http://www.nlgames.ca)**

***Recreation and Sport Division*** ..... 729-5270

**Games Coordinator**, Dept of Tourism, Culture and Recreation

Patti Thorne

Department of Tourism, Culture and Recreation

P.O. Box 8700

St. John's, NL

A1B 4J6

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E-Mail: [pthorne@gov.nl.ca](mailto:pthorne@gov.nl.ca)

***Games Management Team***

- Chairperson..... Brian Bonnell
- Vice Chairperson ..... Vic Simmons
- Secretary ..... Mary Marshall
- Treasurer..... Lana Bannister
- City of Corner Brook ..... Michael Dolter
- Legal Advisor ..... Kent Brothers
- Games Manager ..... Sheri Baltzer
- Government Representative..... Patti Thorne

***Welcome from the City of Corner Brook!***

Congratulations to all teams representing their region at the seventeenth Newfoundland and Labrador Games! This is the fourth time the Games have been held on the West Coast. The first time was in 1976 in Corner Brook and Stephenville and some of the sports included then were: Archery, Canoeing, Lacrosse and Trap Shooting. The second Games were in Corner Brook in 1986 and most recently, the Winter Games were held in Deer Lake, Pasadena and Steady Brook! We are confident that you will have a memorable stay with us!

For information about the City of Corner Brook, visit our web site:

**[www.cornerbrook.com](http://www.cornerbrook.com)**

## ***Transportation***

Transportation is provided by the Government of Newfoundland and Labrador, for all athletes, coaches and managers residing more than 45 kilometres outside of the Host Region. Your coach or manager will be notified of specific bus stop locations and pick-up times by the Recreation and Sport Division's Travel Coordinators Glenn Littlejohn and Roger McGrath. Labrador travel to the Games will also be coordinated by the Division's Travel Coordinators in cooperation with the Department's Regional Office in Labrador.

**1<sup>st</sup> half contingent:** Will depart for the Games Saturday, August 9th. Plans now are for the same contingent to depart Corner Brook around 3:00pm, Tuesday, August 12<sup>th</sup>. Recognizing that there could be delays, weather challenges etc, a contingency plan to depart early on Wednesday morning is in place. Individuals who do not want to travel on the government transportation must clear it with the Coach and or Manager as they are responsible for you during the entire competition. Coaches and Managers are asked to advise our Travel Coordinator of anyone who is not taking the Government provided transportation.

**2<sup>nd</sup> half contingent:** Will depart for the Games Wednesday, August 13<sup>th</sup>. Plans now are for the same contingent to depart Corner Brook after Closing Ceremonies (around 4:15pm), Saturday, August 16<sup>th</sup>. Recognizing that there could be delays, weather challenges etc, a contingency plan to depart early on Sunday morning is in place. Individuals who do not want to travel on the government transportation must clear it with the Coach and or Manager as they are responsible for you during the entire competition. Coaches and Managers are asked to advise our Travel Coordinator of anyone who is not taking the Government provided transportation.

Island Travel: Glenn Littlejohn.....	729-5923
Roger McGrath.....	729-5280
During the Games (Patti).....	640-9762
Labrador Regional Office (Trevor Paine): .....	896-7251

**NOTE:** Anyone choosing to travel on alternative transportation to the Games may encounter registration delays upon their arrival and will be inconvenienced. **Athletes will need to find their coach/manager in order to register.**

**NOTE:** **At least one coach/manager must travel with teams using the buses/flights provided by Government** for the departure and arrival times designated for their sport. There will be no compensation for individuals who make their own travel arrangements.

## ***Luggage Regulations***

Each team member is allowed one suitcase (**no monster size luggage please!**) and one bag for sleeping bag, pillow and air mattress **Our staff reserves the right to refuse any luggage deemed too big for the bus/flight. Some of our accommodations may be a little small so small luggage is appreciated!** Sport equipment should be packed in one of these bags if possible but we do understand the needs of ball hockey and baseball/softball players who have extra requirements for their luggage. A knapsack will be given to each team member at registration. This will need to be included in the two bag limit on your return trip.

## ***Accommodations (Athlete’s Village)***

Accommodations are provided by the Host Committee in a combination of classrooms, chalets and dorms of Sir Wilfred Grenfell College, affectionately called Grenfell House. **You will need to bring a pillow and SINGLE air mattress as well as a sleeping bag. All coaches, managers and athletes must stay in the Athlete’s Village.** Room checks will be done and anyone who is not present after curfew (11pm) will be disciplined. Discipline actions are noted later in this handbook. Athletes who insist that they cannot stay in the Village will not be allowed to participate in the Games. Note: Security cameras dominate the campus of the University and exit doors are alarmed. Please adhere to the signage regarding alarms and exit doors.

<b>Phone Numbers:</b>
Grenfell House.....637-6200 ex.6460
Security After Hours..... 637-6210

## ***Meals***

Meals are provided by the Host Committee at the Pepsi Centre. Teams (other than Athletics) who are unable to meet the scheduled meal times must contact the Games office to make arrangements for either an alternative meal time (if that is possible) or box lunches if that can be arranged (no guarantees). If the Host Committee cannot accommodate your request, we do ask that you make your own arrangements for meals. We regret that we do have a policy that you cannot have meals delivered to the Athlete’s Village after curfew (sorry!) but this is too disruptive to those who must sleep.

Meal times are as follows:

Breakfast: .....	6:00am - 10:00am
Lunch: .....	11:00 am - 3:00 pm
Supper: .....	4:00pm - 8:00 pm

Generous hours means we would appreciate it if you did not remove food from the cafeteria!  
Thank you.

## ***Between Meal Snacks***

Canteen services will be provided at each sport venue for those of you who would like to avail of that. Don’t forget your spending money! We encourage you to choose healthier snacks that have been arranged through our local sports!

## ***No Peanuts, No Fish Allowed!! (We are also scent free so no smelly stuff!)***

Please note that the Newfoundland and Labrador Summer Games Host Committee has adopted a peanut free/fish free policy for the duration of the Games. A number of athletes have identified very serious allergies to peanuts and fish and in some cases, only need to be in close proximity to even the smell before a very serious reaction could ensue. Please do your best to select foods that do not have peanuts in them. Also, as the smell of fish can trigger a fatal reaction, we ask that athletes refrain from eating fish while they are at the Games.

## ***Registration and Identification: Upload your Photo***

All teams should now be registered with the Recreation and Sport Division and on line at [www.nlgames.ca](http://www.nlgames.ca) before the deadline of July 23<sup>rd</sup>.

The Host Committee requests that you upload a head and shoulders digital photo so they can produce your photo ID. Visit their web site at [www.nlgames.ca](http://www.nlgames.ca) and click on *Create ID* on the navigation bar to the left. Just follow the directions! If you have trouble, please contact the Games office at 639-2008 or email [jdicks@bcj.ca](mailto:jdicks@bcj.ca)

**To ensure the safety and proper identification of all athletes while they are participating in the Summer Games, it is also recommended that you bring along a photo ID from a school or Motor Registration ID.**

Upon your arrival in Corner Brook, the Coach or Manager of each team will be asked to come to the registration desk in the gym at Sir Wilfred Grenfell College to receive the teams ID tags and pouches, and the team's regional shirt and kit bag. The Manager will be required to have all of the team member's IDs when registering the team. Managers may not collect ID tags for any team member who is not physically with the team. As well, all medical forms must be in to the Games office by registration. If the coach or manager is physically bringing them to the Games, they will be checked at registration for MCP, sign off by the parent/guardian/ and for general completion of content. Delays will be experienced by incomplete or missing forms. Until that is done, athletes may not register.

Once your team is registered, you will be provided with instructions for getting your luggage and proceeding to your assigned Accommodations.

Members of the team must wear their accreditation at all times for admittance to the Village, meals and, entertainment events and field of play. Lost Identification cards can be replaced at the Games Office. There will be a \$10 fee for this service. Fees are payable in cash only.

Host teams and teams within 45 kilometers will be contacted regarding your registration time.

## ***Special Events***

A social events calendar will be included in your athlete kit and will be posted on our Games Website ([www.nlgames.ca](http://www.nlgames.ca)) as soon as all activities are finalized.

## ***Curfew***

All athletes must be in their classrooms by 11:00 pm. although coaches may set an earlier time. While this may seem early for some of our older athletes, it is necessary owing to the fact that there are a number of very young athletes who tire easily and need extra sleep. Please respect the curfew as violations will be dealt with by the discipline committee. Lights out at 11:30p.m.! Again, your coach is the boss so he/she is permitted to modify the time BEFORE 11:30 p.m. but not later ☺

## ***Showers***

Showers are located in the Athletes Village but may not be available for immediate use if demand is high. Extra showers can be found at some of the sport venues. You are encouraged to utilize these showers if at all possible to reduce the demand in the Village.

## ***Opening Ceremonies***

Opening ceremonies will be held Sat, August 9<sup>th</sup> at 7:30 pm at the Pepsi Centre and teams will be advised of the times they will be required to conjugate for departure. Ambassadors will accompany each regional team for the procession into the stadium. Ceremonies will end at 9:00pm and all teams will return to their Village. Attendance is mandatory and **each regional team will be expected to wear the regional team shirt given to them at Registration.**

## ***Closing Ceremonies***

Closing Ceremonies will be held Sat, August 16<sup>th</sup> at 3:00pm at the Pepsi Centre and teams will be advised of the times they will be required to conjugate. Ambassadors will accompany each regional team for the procession into the stadium. Ceremonies will end at 4:15pm (that is the plan)! and all teams will leave from Ceremonies to go home. Attendance is mandatory and each regional team will be expected to wear the regional team shirt given to them at Registration. All teams traveling on Government buses will board their assigned buses for immediate departure home. All luggage will be put on the buses before the Ceremonies commence. Teams who are not going home on the bus will be advised (posters in schools) as to where they will store their luggage during ceremonies.

## ***Tickets for the Family***

Admission is free for all sporting events. Admittance is first come, first served. Swimming fans, will note that there is restricted viewing space for these competitions. Information pertaining to ticket sales for Opening and Closing Ceremonies will be posted on the Games web site and are only available at the Pepsi box office. Athletes, coaches, managers and officials will not be charged as they will be a part of the walk-in ceremonies.

## ***Medical Information***

First aid facilities will be available at each sport venue for minor injuries, aches and pains. A Medical Headquarters will be established at Athlete Village. Any situation deemed more serious will result in the participant being sent to the local hospital as there will be no overnight infirmary in the Village. If a child is released by the Hospital and that child is not well enough to stay in the Village, the Host Committee will make every effort for personal accommodations (billet) until that child can be released safely to the parents.

Medical forms have been sent out to the Technical Director for your sport and as well were posted on your registration site. These forms must be completed, signed, and returned to the Host Committee. Athletes whose medical forms have not been received by the Host Committee will not be permitted to participate in the Games until these forms are complete; MCP numbers must be on the medical form.

The Games Management Committee has obtained liability insurance for the Games. However, athletes **MUST** be covered by their own Provincial Sport Insurance. Uninsured sport participants will not be allowed to participate in the NL Games. Athletes and coaches should investigate the level of medical insurance coverage, provided by their respective provincial sport organization for major competitions such as these Games.

## ***Lost and Found***

Items may be reported to the Games Security Offices located in the Athlete’s Village and also at the Wellington Complex.

## ***Valuables and Lockers***

There will be lockers available to all participants during the Games. In order to secure valuable personal possessions, participants are encouraged to bring a combination lock with them for use while staying in the Athletes= Village.

## ***Regional Colours***

Upon your arrival, each member of your team will be given a Games a shirt compliments of the Host Committee and their great sponsors. You will wear your shirt in either the Opening or Closing Ceremonies. Other than that, you may wear your team uniform. It is not necessary to conform to the Regional colours identified below for team uniforms.

## ***Regional Colours***

Host .....	White
St. John’s/North .....	Red
Mt. Pearl/South .....	Indigo Blue
Avalon .....	Charcoal Grey
Eastern .....	Tan
Central .....	Maroon
Western .....	Royal Blue
Labrador .....	Forest Green
St. Pierre et Micquelon .....	Gold

Team Sports! Please bring a back-up colour for your uniform! There is a chance that both teams could have the same colour uniform so a back up colour shirt would solve the problem!

**Only approved sponsors are permitted on team uniforms – check with the Games Office before you “assume” your sponsor is acceptable!**

## ***Athlete Rules and Regulations***

### ***Behaviour and Discipline (Section XI of Policy and Information Handbook)***

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#### **Supervision of Athletes**

Teams travelling to/from the Newfoundland and Labrador Games by bus are required to have ***at least one team coach or team manager*** accompany the athletes on the bus, or in lieu, arrange to have another team’s coach or manager assume the responsibility. Athletes shall not be permitted to travel to/from the Games on Government provided transportation if this condition is not met (we do understand situations where a coach is getting picked up after the athletes and this is fine).

**All athletes, coaches and managers are required to reside in the Athlete’s Village in the rooms assigned to them by the Host Committee.**

**Registered athletes, coaches or managers who do not adhere to the residence requirements shall lose their Games accreditation and shall not be permitted to participate in any further Games competition or other activities. Registered coaches/managers are legally responsible for the team and must be available and accessible at all times. The Host Committee must be able to find you in the Village in the event of an emergency.** Some teams may request that a parent/friend stay with the team instead of them. We regret that we cannot accommodate this request unless there is supported medical documentation.

## ***Discipline***

All Newfoundland and Labrador Games athletes, coaches and managers shall meet the standard of behaviour outlined in the Games Code of Conduct found at the end of this booklet. When breaches of the Code of Conduct occur, offenders are subject to the review processes and disciplinary sanctions outlined below.

**Minor infractions**<sup>1</sup> shall include:

- a. possession or use of tobacco products by minors;  
use of tobacco products by adults in the Athlete=s Village at official Team activities, functions, or at competition sites;
- b. failure to adhere to the quiet time policy in the Athlete's Village;
- c. disrespectful, offensive, abusive, racist or sexist comments or behaviour;
- d. unsportsmanlike conduct including but not limited to disrespect for the officials or opponents;
- e. lateness or absence from team meetings or functions;
- f. other similar infractions of minor severity.

Minor infractions committed by athletes, coaches, managers or officials shall be recorded by a member of Security and a written conduct advisory from the Chairperson of the Security committee (after consultation with the Coach) will be given to the individual/team who allegedly committed the infraction. The conduct advisory may also include any/all sanctions noted:

- a. the imposition of an earlier curfew;
- b. the issuing of a verbal or written reprimand;
- c. the delivery of a formal verbal apology in the presence of witnesses;
- d. the delivery of a formal written and hand-delivered apology;
- d. suspension from specified Games activities, which may include suspension from the next scheduled competition;
- e. other similar disciplinary action as may be decided by the Head Coach or the Host Management Committee

A copy of the conduct letter/sanctions recommended will be circulated to the coach and parent(s)/guardian(s) of the athlete if applicable. The affected party has the option of appeal to the Chairperson of the Security committee who will then refer the matter to the Host=s Discipline Committee consisting of a representative of the Recreation and Sport Division, the Host Management Committee=s Legal representative and the Chairperson for the Security Committee.

**Major infractions shall include:**

- a. the commitment of a third minor infraction of any nature, and all subsequent minor infractions

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<sup>1</sup> Once a Games participant commits two minor infractions, the third and all subsequent infractions shall be considered major infractions.

- b. during a Newfoundland and Labrador Games;
- b. possession or use of alcohol or tobacco products by minors;
- c. use of alcohol by an adult in areas or during times prohibited by the Code of Conduct, or intoxication at any time;
- d. curfew violations;
- e. any activity or behaviour which disrupts competition;
- f. damage to property;
- g. pranks, jokes, or other activities which endanger the safety of others;
- h. the failure of a coach or manager to report, in the manner required, the commission of a major infraction by an athlete;
- i. any activity which contravenes the Criminal Code of Canada;
- j. other similar infractions deemed to be of major severity.

The following procedures and sanctions will be invoked for **major infractions**:

The incident will be recorded by a member of the Security Committee. The Discipline Committee will meet with the alleged perpetrator of the infraction and endeavour to consult with the perpetrator's guardians regarding the incident. The Discipline Committee will also meet with witnesses and the plaintiff about the incident and then make a recommendation for discipline. A written conduct advisory from the Chairperson of the Discipline (after consultation with the Coach/PSO) will be given to the team member who allegedly committed the infraction. The conduct advisory may also include any/all sanctions noted below and may or may not be referred to the local policing agency depending on the infraction. One or more of the following disciplinary sanctions shall be imposed for major infractions:

- a. removal of certain Athlete's Village privileges;
- b. confinement to the room in the Athlete's Village for a prescribed period of time;
- c. suspension from upcoming competition at the Games;
- d. expulsion from Games at parents/guardian expense;
- e. other disciplinary measures as considered appropriate by the Disciplinary Committee.

Incidents involving a number of team members may result in the full team receiving disciplinary action. Additional disciplinary action may be imposed on the offender by the appropriate Provincial Sport Organization at any time following the conclusion of the Newfoundland and Labrador Games, and may include suspension from future Newfoundland and Labrador Games and other competition.

In addition to the disciplinary sanctions outlined in this policy, the Host Management Committee may contact the police concerning the behaviour of any participant, should it be deemed inappropriate.

A copy of the conduct letter/sanctions recommended will be circulated to the coach and parent(s)/guardian(s) of the affected party if applicable. The athlete/staff person has the option of appeal (within two hours of the alleged breach) to the Chairperson of the Security committee who will then refer the matter to **Games Discipline Committee** consisting of **a representative of the Recreation and Sport Division, the Host Committee's Legal representative and the Chairperson for the Security committee.**

**Opening Ceremonies: August 9th**  
**Sport Schedule: First Half (August 10<sup>th</sup> - 12<sup>th</sup>)**

Baseball (male)  
 Tennis (male and female)  
 Soccer (male)  
 Golf (male and female)  
 Ball Hockey (female)  
 Swimming (male and female)

**Closing Ceremonies: August 16th**  
**Sport Schedule: Second Half (August 13<sup>th</sup> – 16<sup>th</sup>)**

Athletics: (male and female)  
 Beach VB: (male and female)  
 Soccer: (female)  
 Ball Hockey: (male)  
 Softball: (male and female)

***Results from the 2004 NL Summer Games - Marystown***

<b>Sport</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>
Athletics - male	Western	Mt. Pearl/S	Avalon
Athletics – female	Western	Mt. Pearl/S	Host
Ball Hockey - male	Avalon	St. John=s/N	Central
Ball Hockey – female	St. John=s/N	Labrador	Central
Baseball – male	St. John’s/N	Western	Mt. Pearl/S
Beach Volleyball – female	Eastern	Western	Avalon
Beach Volleyball - male	Eastern	Labrador	St. John’s/N
Golf – male	St. John’s/N	Western	Eastern
Golf – female	Labrador	St. John’s/N	Host
Softball – male	St. John’s/N	Avalon	Mt. Pearl/S
Softball – female	Avalon	St. John’s/N	Mt. Pearl/S
Soccer – male	St. John’s/N	Host	Central
Soccer - female	Avalon	St. John’s/N	Host
Swimming – male	St. John’s/N	Western	Mt. Pearl/S
Swimming – female	St. John’s/N	Mt. Pearl/S	Central
Tennis	St. John’s/N	Mt. Pearl/S	Western

## ***Major Awards (from 2004 Summer Games)***

Premier's Cup (most points): .....St. John's/North  
Sport NL (most improved): .....Mt. Pearl/South  
Lieutenant Governor's Trophy (Sportsmanship) ..... Labrador

## ***Coaches/Manager's Meeting with the Host Committee***

### ***1<sup>st</sup> Half Sports***

A coaches/manager's meeting will be held for all teams competing in the NL Games immediately following Opening Ceremonies (9:45 pm see details in your registration package). This meeting will be hosted by the Provincial Government and Host Committee to share important information pertaining to the Games. A representative of each team must be in attendance. Teams without a supervisor should be left with another staff person/another coach, in the **Entertainment lounge**. Following this meeting, team Sport Technical Meetings may be held (information will be given out about this at our General Meeting)

### ***2<sup>nd</sup> Half Sports***

A coaches/manager's meeting will be held for all teams competing in the NL Games on Wednesday evening at 8:30 pm (see your registration kit for further details). This meeting will be hosted by the Provincial Government and Host Committee to share important information pertaining to the Games. A representative of each team must be in attendance. Teams without a supervisor should be left with another staff person/coach in the **Entertainment lounge**. Following this meeting, team Sport Technical Meetings may be held (information will be given out about this at our General Meeting).

### ***Athlete's Oath:***

In the name of all competitors, I pledge that we will take part in these Newfoundland and Labrador Games in the true spirit of sportsmanship, respecting and abiding by the rules which govern them, for the glory of sport and the honour of our province.

### ***Coaches and Managers Oath:***

In the name of all coaches and managers taking part in the Newfoundland and Labrador Games, I pledge that we will coach and manage in a manner respectful of the dignity of all athletes and carry out our tasks responsibly and with integrity.

## ***Merchandise Price List - Shopping Anyone? (tax included in all prices)***

<b>Hoodies (Chocolate, Navy, Black, White, Grey) .....</b>	<b>\$45</b>
<b>Scrubs (like the Doctor's wear) .....</b>	<b>\$35</b>
<b>Baseball Caps (White, Navy and Black) .....</b>	<b>\$15</b>
<b>Pins.....</b>	<b>\$3</b>
<b>T-Shirts (baseball style and regular).....</b>	<b>\$20</b>
<b>Sun Catchers (Stained Glass).....</b>	<b>\$25</b>

## ***Common Questions:***

- Q: Am I allowed to go with my parents when I am not competing?  
A. You must clear it with your coach or manager as they are responsible for you from the time the bus picks you up to the time you get off of the bus to come home.
- Q. How will we get to our facility at the Games and what if we want to watch another team?  
A. The Host Transportation committee will publicize a bus route for you.
- Q. Can we wear our team uniform during the Ceremonies?  
A. You can, but you must wear the Games walk in shirt over it.
- Q. How can someone reach me if there is an emergency?  
A. Messages will be taken at the Games office: Phone 639-2008 or a message can be left for you at Athlete Village: 637-6200 ex. 6460
- Q. How many people will be in the room with us?  
A. You will be in a school classroom, chalet or dorm with the other members of the same gender on your team.
- Q. Our coach is a male and we are a female team. Where will he be?  
A. Coaches and Managers who are coaching opposite genders will be in the opposite gender Village/Wing all together. Once they have their room assignment, ensure that they tell you where they are!
- Q. Can our team get sponsors for our Uniforms and equipment?  
A. You can indeed if this sponsor is a Platinum level sponsor for the Host. The Host Committee requests that you respect their sponsors who have donated significantly for the right to be recognized partners and we must do all we can to support them. A list of sponsors can be found on the last Page.
- If you are not sure of your sponsor's status, have the coach call the Host Committee to get their views.
- Q. My parents have a hotel. Can I stay with them instead of the Village?  
A. It is a NL Games policy that all athletes, coaches and managers are to stay in the

Athlete's Village and be under the same conditions for competition. The Village is what is unique about NL Games and many volunteers have gone to great lengths to secure Grenfell House for our use. If you want to take part in the NL Games, you MUST stay in Grenfell House.

Q. Will there be cots?

A. It is impossible for the Host Committee to have cots for everyone so to be fair, the Host will not be providing them for anyone. If you have a medical challenge, please contact the Games Coordinator (Patti) and we will see what can be arranged. We are sorry for your inconvenience, particularly those with bad backs. We wish things could be different for you.

Q My child is a fussy eater. Will there be special meals?

A. While there will probably be limited choices for meals, the Host will do their best to have an array of sandwiches as a second option. Feel free to pack some extra snacks for any child who is somewhat particular.

## **Partners**

The *City of Corner Brook* is not only the Host region for the Games but are also investing in the upgrading and operation of facilities needed for the Games.

The *Government of Newfoundland and Labrador* is the sponsoring agent of the Games and provides the Host Committee with a major operating grant as well as the participant's transportation. The Recreation and Sport Division also produces and publishes most of the documents needed to efficiently run the event and for the first time in NL Games, has sponsored (through the office of the Chief Information Officer (OCIO) the on-line registration system designed by Zed IT Solutions.

*Service Canada (Federal Government)* has provided essential assistance in the way of employment grants and program expenses

*Blomidon Golf and Country Club, Sir Wilfred Grenfell College, and the Pepsi Centre* will provide the necessary facilities to complement those provided by the City of Corner Brook.

## ***What to Bring***

- Sleeping Bag/Pillow/Air Mattress (ONLY SINGLES UNLESS YOU PLAN TO SHARE/Pump)
- Towels for showering, swimming, competition
- Face cloth
- Soap/shampoo
- Toothbrush/toothpaste
- Detergent (small baggie)
- Personal toiletries
- Simple first aid items
- Change
- Spending money
- Lip Block, Sun Screen
- Birth certificate or MCP card (in case of protest to age), PHOTO ID
- Combination Lock
- Flip flops for showers
- Swim suit
- Camera/Film/Batteries
- Luggage tags (to ID your name, address etc)
- Travel Alarm Clock
- Contact lens/prescription
- Sports equipment for the sport you are playing and water bottle
- Sneakers/laces
- Uniforms
- Flash Light
- Lots of spare clothes (but not your wardrobe)!!!!
- PICTURE ID

## ***Code of Conduct***

This Code of Conduct outlines the standard of behaviour that is expected of Newfoundland and Labrador Games participants. Failure to adhere to this standard shall result in disciplinary action.

### 2.1 Respect for Others

Participants shall treat others with the utmost respect at all times. Comments or behaviours which are disrespectful, abusive, racist, sexist or offensive in any way shall not be tolerated.

### 2.2 Fair Play

Coaches shall read and explain the *Fair Play Code for Athletes*, established by the Canadian Spirit of Sport Foundation for Athletes, Coaches and Spectators, to all athletes selected to the Regional team.

## **FAIR PLAY CODE FOR ATHLETES**

1. I will participate to the best of my ability.
2. I will play by the rules, and in the spirit of the game.
3. I will control my temper B fighting and Ashowing disrespect@ can spoil the activity for everybody.
4. I will respect my opponents and all volunteers.
5. I will do my best to be a true team player.
6. I will remember that winning isn't=t everything B that having fun, improving skills, making friends and doing my best are also important.
7. I will acknowledge all good plays/performances B those of my team and of my opponents.
8. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.

## **FAIR PLAY CODE FOR COACHES AND MANAGERS**

1. I will encourage and insist that each of my athletes play fairly and respect the rules, officials, spectators, volunteers and opponents.
2. I will ensure that *all* athletes get equal instruction, support and playing time.
3. I will not ridicule or yell at my athletes for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to have confidence in themselves.

- 4 I will make sure that equipment and facilities are safe.
- 5 I will remember that children need a coach they can respect. I will be generous with praise and set a good example.

#### **FAIR PLAY CODE FOR SPECTATORS**

- 1 I will remember that children play sport for their enjoyment. They are not playing to entertain me.
- 2 I will not have unrealistic expectations. I will remember that child athletes are not miniature professionals and cannot be judged by professional standards.
- 3 I will respect the official's decisions and I will encourage participants to do the same.
- 4 I will never ridicule an athlete for making a mistake during a competition. I will give positive comments that motivate and encourage continued effort.
- 5 I will condemn the use of violence in any form and will express my disapproval in an appropriate manner to coaches and league officials.
- 6 I will show respect for my team's opponents, because without them there would be no game.
- 7 I will not use bad language, nor will I harass athletes, coaches, officials or other spectators.



The Host Committee for the 2008 Newfoundland Labrador Summer Games wishes the athletes, coaches and managers a safe, successful and enjoyable experience!

To the parents, spectators and sports fans....we hope you enjoy our city and we wish you a memorable week!

***GET IN THE ACTION...GET IN THE FUN, GET IN THE GAMES!***